



Royal Brows Pre and Post Treatment Information

- The Healing process after any semi permanent makeup procedure is not always straightforward, therefore a lot of patience is needed to finally see the healed result, please read through the following information carefully as this will help give you the best possible results.
- It is very important to follow these pre and post treatment instructions to allow your skin to regenerate quicker, avoid complications and get a better colour retention and final result.

What should I expect after my treatment?

Your new semi permanent eye brows will go through several different phases before fully healing:

1. At first the pigment will appear very sharp and dark, do not worry this is because the pigment is sitting fresh on the surface of the skin and has not set in yet, gradually the colour will soften.
 2. Once the healing of the skin starts to take place you will be able to see visible dry skin flakes on the area this is completely normal, it usually occurs in the first 7 days as well as slight itching. It will give you the impression that the colour pigment is fading or looks patchy, however this is just superficial pigment and dead skin cells from the skins natural exfoliation process.
 3. Your eyebrows will then be the lightest tones during days 5-10 because the colour is absorbed in the deeper layers of the skin. Later skin cells will push it back to the upper layers so the pigment is more visible.
- True reflection of the healed colour can only be assessed 4 weeks following the treatment as it takes this amount of time for the skin tissues to heal and recover. It is very common for some hair strokes to have faded or been lost even if you have followed the aftercare advice perfectly, this is why we require you to book a follow up appointment 4-6 weeks post treatment so we can make any touch ups required.

Pre Treatment

- The skin in the area must be free of all irritations including ingrown hairs, breakouts, eczema, and psoriasis.
- We recommend no caffeine or alcohol 24hours prior to treatment.
- No excessive exercise 24 hours before treatment.
- Any waxing tinting and plucking must be done at least one week prior to the treatment.
- No Botox at least 3 weeks prior to the treatment as Botox affects the facial muscles in the area we are working on.
- The day of your treatments please wear your makeup as usual to help assess your comfort zone in terms of colour, shape etc.

Post Treatment

- For the first 7 days do not get your eyebrows wet.
- During this period it is essential to apply the post treatment cream before getting in the shower/bath.
- Do not apply makeup on the area for 14 days
- Exercise and excessive sweating to be avoided for 9 days post treatment.
- Swimming, sauna, steam room, Jacuzzi to be avoided for 14 days post treatment.
- Sun tanning, sun beds etc to be avoided for 1 week minimum post treatment.
- Drinking alcohol in excess can slow down skin regeneration process.
- Heavy household cleaning where you are exposed to airborne debris is to be avoided 48 hours post treatment.
- Do not pick, peel or scratch the area to avoid scarring or losing the pigment.
- Do not apply skin products directly on the area if they contain AHA's eg glycolic acid, salicylic acid, lactic acid, Retin A for 30 days post treatment.
- Avoid chemical peels, laser, Microdermabrasion and any other forms of skin resurfacing for 30 days post treatment. Please be aware that any treatments that work to resurface the skin and encourage skin cell renewal could potentially fade the pigment. Therefore if undertaking any of these treatments in the future please inform the relevant clinician that you have had SPMU so they can avoid the area for you.
- Once fully healed always apply a minimum of SPF 30 when exposed to sunlight to help retain the pigment so you get longer lasting results.

Aftercare balm application:

Always apply the aftercare balm in a **thin transparent layer** so the skin can breathe, using a **clean dry** cotton wool bud.

Dry, Normal, Combination skin application:

Day 1 – Every 2 hours gently pat over the area with a clean, **dry** cotton pad & apply the post care balm.

Day 2 - Every 2 hours gently pat over the area with clean, **dry** cotton pad & apply the post care balm.

Day 3 – Every 3 hours apply post care balm.

Day 4 – Every 3 hours apply post care balm.

Day 5 – Every 5 hours apply post care balm.

Day 6 – Every 5 hours apply post care balm.

Day 7 - Apply post care balm once or twice a day.

Day 8 - Apply post care balm once or twice a day.

Day 9 - Apply post care balm once or twice a day.

Oily Skin application:

Day 1 – Every 2 hours gently pat over the area with a clean **dry** cotton pad and apply post care balm.

Day 2 - Every 2 hours gently pat over the area with a clean **dry** cotton pad and apply post care balm.

Day 3 – Apply post care balm 3 or 4 times per day.

Day 4 – Apply post care balm 3 or 4 times a day.

(Continue this for the following days until the aftercare balm has finished)